

## When the prunes just don't cut it!

**Why does my stomach hurt so much?**

Learn more about new research and treatment options for constipation.



Join us March 12th for a free discussion on constipation with **David Banon B.Pharm., M. Sc.** If you have questions about constipation you owe it to yourself to learn more! Register today as seating is limited.

**Date:** Tuesday March 12th, 2013  
**Time:** Sign up 6:00pm, Presentation 6:30pm  
**Location:** Aquatic Community Centre  
 5794 Parkhaven Ave.  
 Côte Saint-Luc, QC H4W 1Z4



**Registration:**  
[www.patient-events.ca/banon](http://www.patient-events.ca/banon)

This event is supported by Janssen Inc.



## NEWS & VIEWS

# Côte St. Luc council notes

By Joel Goldenberg  
 The Suburban

Surprisingly, especially in an election year, nobody turned up to ask questions at the February Côte St. Luc council meeting, an almost unprecedented occurrence - no council regulars were on hand, whatsoever.

We stay this was "almost" unprecedented because it did happen twice, though not to our knowledge at regular council meetings. On two occasions, *The Suburban* was the only one present at two December meetings to explain the coming year's budget. On one occasion, the door to the city hall part of the Bernard Lang Civic Centre was locked and *The Suburban* had to make several calls to get the door open. And more recently, Councillor Dida Berku made her annual budget presentation directly to *The Suburban*.

Nevertheless, despite the lack of general public attendance (save for the Queen Elizabeth II Diamond Jubilee ceremony that preceded that night's meeting and the presence of some McGill University students who were observing the regular meeting), some announcements of note were made.

Councillor Steven Erdelyi provided preliminary numbers comparing recy-

cling and organic waste numbers from 2011 to 2012.

"Recycling tonnages were up eight percent, organic waste was up 2.5 percent and garbage was down 3.4 percent," Erdelyi said. "This is the fifth, or maybe even sixth, year in a row since we started the organic waste collection where every single year, we keep dropping the tonnages of garbage going to landfills. I'm happy, and I hope this will continue."

Councillor Allan Levine and Mayor Anthony Housefather lauded the success of the recent Côte St. Luc Winter Carnival, which raised \$4,500 for Ronald McDonald House, which provides accommodations near Ste. Justine Hospital for families with children who need long-term treatment but live far from Montreal. The other affiliated hospitals are the Montreal Children's and Shriners hospitals.

"We have our own room at Manoir Ronald McDonald on Hudson in Montreal," Levine explained. "Parents bring their sick kids to the hospital and are able to stay at a minimal cost and have all the activities with their children. It's a wonderful thing."

Councillor Ruth Kovac asked the pub-

See NOTES, next page

# FREE Information Session WILLS, MANDATES AND THE RIGHT TO BE REPRESENTED

## FEATURING:

Anna Kamateros, Notary, Legal Advisor  
 "The Nuts and Bolts of Wills, Mandates and Protective Regimes"

Ann Soden, Ad.E., Lawyer, Mediator and Executive Director of the Centre for Law and Aging  
 "Who's Got the Power? Misconceptions About Legal Representation Under Wills, Mandates, Protective Regimes, End-of-Life Decision-Making and Articles 15 and 16 of the Civil Code of Quebec"

**WHEN?** Wednesday, March 20, 2013 at 2 p.m.

**WHERE?** Côte St-Luc Aquatic and Community Centre  
 5794 Parkhaven Avenue  
 Côte Saint-Luc, Quebec

**PRESENTATION IN ENGLISH  
 BILINGUAL QUESTION PERIOD**

*Refreshments will be served*

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 CSSS Cavendish  
 Users' Committee

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